## THE BLESSING BOWL - 2018



The tradition of the Blessing Bowl continued in 2018 at St. Paul's Episcopal Church. Again, people responded by offering those things in their lives they counted as blessings. We are happy to share them with you.

For our house – being kept safe – daily -- no fires, no break-ins. I'm grateful it is a safe haven of love.

For the love of God – to receive and share

A positive change in my life

Safe driving; safe travels throughout the metro

Blessings to the one who finds this!

## For GKCIFC

<u>I am grateful</u>: Truth is emerging to be cleansed by the light. Our world is on a healing path. Good shepherds & healers are coming forward.

THIS MEAL IS EXCELLENT

Family

Whatever the question may be – the answer is love.

I have endless gratitude for the good people of our city that <u>vote</u>. While the results of our last election a mixed bag, we still made much progress in furthering values of peace & love. I am also thnkful for the spirit of community I see here today. May we be an example to all faithful, spiritual people; that whatever the name of our faith, what really matters is that we love each other.

ADL leaders carrying on this tradition

Music – Rachel, Victor and Voices of Gaia, for example

**GKCIC** 

So many wonderful people

Diversity honored in recent elections: Native American, Gay, Women, Youth, etc.

My family (including my fur family also!)

Thanks for a welcoming and accepting community

A great program

So thankful for good health, wonderful loving family with good moral values for tolerance

My lifelong association with horses!

I am thankful to God for this special prayer time.

May we only know peace:
Peace with nature
Peace with each other
Peace within ourselves
Peace with all nations

We invite you to consider your own blessings. You may want to also start a Blessing Bowl tradition for your family in your own home, by choosing a container (a bowl, a vase, a basket) and adding little slips of paper on which you've written your blessing – review them all at the end of the year and relive again those things you found wonderful throughout the year.